

Thinking Food ALLERGEN CHART

MENU ITEM												
Bacon & Cheese Wedges								✓				
BBQ Chicken Panini	✓		✓				✓	✓	✓	✓	✓	✓
BBQ Pulled Pork Baguette			✓				✓			✓		
Charlies Stuffed Mushroom							✓					
Chicken and Pepper Quesadilla	✓		✓				✓	✓	✓		✓	✓
Chicken Primavera Tagliatelle, Garlic Bread			✓				✓		✓		✓	✓
Homemade Sausage Roll			✓		✓	✓	✓	✓	✓		✓	✓
Pasta Bar - Bacon Carbonara							✓	✓	✓		✓	✓
Bacon & Cheese Panini			✓				✓	✓		✓		
Bacon Bap & Ketchup							✓			✓		
Baguette - Bacon & Chorizo			✓				✓	✓		✓		
Baguette - Hot & Spicy Chicken	✓		✓				✓	✓	✓	✓	✓	✓
Battered BBQ Chicken Bites							✓					
Beef Bolognese Pasta							✓		✓		✓	✓
Belgium Waffle			✓			✓	✓	✓				✓
Cheese & Bean Wrap							✓	✓	✓			
Chicken Tikka Masala, Rice & Naan Bread							✓		✓		✓	
Chipolata Sausages, Chips & Beans											✓	
Cinnamon Popcorn					✓	✓	✓					
Creamy Chicken & Pesto Pasta Bake							✓	✓	✓		✓	✓
Curried Popcorn					✓	✓	✓		✓		✓	
Garlic & Herb New Potatoes											✓	

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Ham Pizza							✓	✓				✓
Macaroni Cheese & Bacon							✓	✓	✓			✓
Meatballs & Tomato Sauce, Pasta							✓		✓		✓	✓
Mexican Pulled Beef Brisket Chilli, Steamed Rice, Nachos, Guacamole and Sour Cream								✓			✓	
Panini - Cheese & Tomato			✓				✓	✓		✓		
Panini - Mozzarella & Pesto							✓	✓		✓	✓	
Panini - Pepperoni							✓			✓		
Pasta Bar - Macaroni Cheese							✓	✓	✓		✓	✓
Pepperoni Pizza							✓	✓				✓
Pesto Pasta							✓		✓		✓	✓
Pizza Bagel					✓		✓	✓		✓		
Pizza Bar - Piri Piri Chicken							✓	✓			✓	✓
Pizza Bar - Spicy Chicken Pizza							✓	✓				✓
Proper Cornish Sausage Roll							✓	✓				
Roast Potatoes											✓	
Roasted Vegetable & Tomato Pasta Bake							✓	✓	✓			✓
Rosemary & Garlic Popcorn					✓	✓	✓					
Sweetcorn Topped Pizza							✓	✓				✓
Toad In The Hole, Roast Potatoes, Gravy, Carrots & Cabbage			✓				✓	✓			✓	✓
Tomato & Basil Pasta							✓		✓			✓
Tomato & Chorizo Pasta Bake							✓	✓	✓		✓	✓
Tomato & Mozzarella Pasta							✓	✓	✓		✓	✓

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Veg Medley Pizza							✓	✓				✓
Wrap - Breakfast							✓		✓		✓	
Jerk Chicken Flatbread					✓		✓					✓
Meatball Sub			✓				✓	✓		✓		
Mexican Chicken Panini			✓				✓			✓		
Mexican Chicken Stuffed Pitta			✓				✓					
Cheese Panini			✓				✓	✓		✓		
Pizza Bar - Margherita Pizza							✓	✓				✓
Roasted Roots Strudel, Roast Potatoes, Seasonal Veg, Gravy							✓				✓	
Roasted Vegetable Quiche with Cous Cous			✓				✓	✓	✓			✓
Sec - Vegetarian Brunch							✓					
Sec - Beef Bolognaise, Spaghetti & Focaccia Bread							✓		✓		✓	✓
Sec - Beef Lasagne, Garlic Bread and Peas			✓				✓	✓	✓		✓	✓
Sec - Breaded Fish				✓			✓					
Sec - Chicken Bites							✓					
Sec - Chicken Shawarma, Wedges & Healthy Slaw			✓		✓		✓				✓	✓
Sec - Homity Pie							✓	✓	✓		✓	
Sec 5 Bean Taco & Wedges							✓		✓		✓	
Sec Butternut & Bean Burger & Wedges							✓			✓	✓	
Sec Cauliflower & Butternut Curry, Rice, Onion Bhajis & Naan							✓		✓		✓	
Sec Chicken Tikka Masala, Rice, Naan Bread & Onion Bhajis							✓		✓		✓	
Sec Margherita Pizza, Chips & Beans							✓	✓				✓

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Sec Piri Piri Chicken Taco, with Wedges & Salad							✓		✓		✓	
Sec Pulled Pork & Apple Sauce Bap & Wedges							✓			✓	✓	
Sec Roast Chicken, Potatoes, Carrots, Cabbage & Gravy											✓	
Sec Vegetable Chill, Rice & Nachos											✓	
Sec Vegetarian Bolognese with Spaghetti & Focaccia							✓		✓		✓	✓
Sec Vegetarian Toad In The Hole, Roast Potatoes & Gravy			✓				✓	✓			✓	
TW- Brunch											✓	